

Juliette Ttofa - Sparkle in the Light - Independent Educational Psychology Services Terms and Conditions

I am a Chartered Educational Psychologist with the BPS and a HCPC registered Practitioner Psychologist. I am a Registered Sandplay Therapist (STR) with the Association for Sandplay Therapy (AST). The AST is an international professional organization dedicated to the highest quality training and registration of mental health clinicians as Sandplay Therapists.

Educational Psychology Services

Schools can buy in my services at an hourly rate. The rate for Educational Psychology services is £75 per hour. These fees are set to be roughly in line with colleagues working in similar fields.

School EP Visits (a general guide):

- A 3x hour visit, plus 2 / 3x hours of follow-up analysis and report writing is 5 - 6x hours of time (@£75 per hour) or £375 - £450. This is usually the minimum amount I charge.
- If you require a more complex assessment, including cognition and learning, communication and interaction, sensory and physical, and social, emotional assessments (e.g. for special school placement or complex EHCP request), then I charge 10 - 12x hours of time (@£75 per hour) or £750 - £900.
- For reviews or updates, involving a class observation and consultation only, and where you require a written-up record of the review, it will be 3x hours of time or £225.

NB: A 3 hour visit usually includes a classroom observation, informal / play-based discussion with the child and / or more formal learning assessments (as appropriate), a parent/ carer meeting (this can be a home visit or phone / Skype call if necessary) and teacher consultation.

Training

Training fees are dependent upon the length of training and number of participants.

As a rough guide:

- Twilight training (1.5 – 2 hours) is £300 (including preparation time)
- A Half Day of training is £500 (including preparation time)
- A Full Day of training is £900- £1000 (including preparation time)

Popular training courses include:

- ACEs, Developmental Trauma & Trauma Informed Approaches
- “The Roots of Resilience” – Nurturing the Resilience of Vulnerable Students
- Supporting Children & Young People with Attachment Needs in Schools
- Sensory Approaches for Helping with Emotional Regulation
- Trauma Informed Approaches to Care & Therapeutic Parenting (Parents / Carers)

Juliette specialises in the area of resilience and runs a more in-depth 6 session training course called “REACH” (‘Resiliency Enabling Approaches for Children & Young People’). This is usually delivered to a cluster of schools fortnightly over one term.

Sandplay Therapy Services

The rate for Sandplay Therapy is £50 per hour

How Sandplay Therapy is Delivered:

- Sandplay Therapy Sessions are approximately 45 minutes long, plus 15 minutes afterwards for writing notes and clearing away the contents of the tray.
- As advised by my supervisor, I limit the number of Sandplay Therapy sessions to 4 per day. This ensures that the quality of therapy is maintained.
- The room designated for Sandplay Therapy is intended to provide a 'free and protected space' for the child or young person and should be free from any interruptions.
- In some settings, there is a permanent therapy space, 'purpose built' for Sandplay Therapy, with shelves of figures around the room and two tables for each wooden sand tray in the middle. In other settings where this is not possible, a temporary Sandplay space is created by the therapist each day, for the purposes of the sessions. In the latter case, the room needs some shelf space and two tables and chairs.
- The therapist will use their own Sandplay Therapy kit, which has a range of figures carefully selected for maximum therapeutic benefit. The therapist will also bring some arts / crafts and games for times when the child or young person may not feel like using sand.
- The average block of Sandplay Therapy for children and young people is 12 sessions. Children with complex needs typically require more than 12 sessions.
- Sandplay sessions are completely confidential. However, the therapist is able to discuss general progress with parents / carers or school staff. The images that are created in the sand are photographed for the purposes of supervision.
- The sand tray images are never interpreted or shared in any written reports. If the child discloses anything that poses a safeguarding risk, then the therapist will let the relevant people know and follow the school or setting's safeguarding policy.
- Professional supervision is part of the therapist's professional ethics and code of practice. The purpose of supervision is to ensure that the therapist is supported and the interests of the child are protected. The therapist will take a photo of the child or young person's finished Sandtray each week. These photos may be shown to the therapist's supervisor, who is a highly trained Sandplay Therapist (Consultant). My supervisor is Eunice Stagg, who is now the President of the Association for Sandplay Therapy.

Fees/Invoice Procedure

I would appreciate payment in advance of agreed work where possible, or failing this, monthly payments after the work has been completed and following invoice. Prompt payment is appreciated.

Cancellations

I do not charge for cancellations or no-shows unless I am on a contract with a school e.g. a day per week.

Juliette Ttofa

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